

Swindon Parenting Hub during COVID 19– What can we offer?

<p>Targeted One-to-One</p>	<p>1-1 Parenting Support</p>	<ul style="list-style-type: none"> • Needs-led parenting support via Teams, phone calls and home visits with a completed risk assessment form. • To support specific parenting/ behaviour concerns following a group intervention • To support parenting; capture child’s voice; support school readiness; achieve goals for Troubled Families; signpost and support to access specialist services if required. • Referrals from professionals via the Early Help Hub
<p>Parenting Programmes</p>	<p>Family Links Nurturing Course</p>	<ul style="list-style-type: none"> • Evidence based 10 week programme based on Empathy, Self-Awareness, Appropriate Expectations and Self Awareness • Delivered Via Microsoft Teams • Families with children aged 2yrs to end of Primary School • Referrals from professionals via the Early Help Hub • Daytime and evening programmes
	<p>Managing Challenging Behaviour Programme (MCB)</p>	<ul style="list-style-type: none"> • 10 week programme founded on the nurturing principles of Family Links • Delivered via Microsoft Teams • Two home discussions conducted via Microsoft Teams/ phone calls with families attending the programme • End of programme summary report • For families of children displaying attachment, trauma or Autistic Spectrum Condition (ASC)/ADHD-type difficulties /behaviours • Referrals are not accepted where there is a diagnosis of ASC • Families with children aged 2yrs to end of Primary School • Referrals from professionals via the Early Help Hub • Daytime and evening sessions

Parenting Programmes	Talking Teens	<ul style="list-style-type: none"> • Evidence based 4 week Family Links Programme for parents of teenagers • Delivered via Microsoft Teams • Includes sessions on Being a parent of a teenager, Understanding and Communicating with teenagers, Managing conflict • Families with teenage children • Daytime and evening sessions • Referrals from professionals via the Early Help Hub
	MCB (Teens)	<ul style="list-style-type: none"> • 6 week programme founded on the principles of Talking Teens and Family Links • Two home discussions conducted via Microsoft Teams/ phone calls with families attending the programme • End of programme summary report • For families of older children displaying attachment, trauma or Autistic Spectrum Condition (ASC)/ADHD-type difficulties /behaviours • Families with secondary aged children (up to 15 years) • Referrals from professionals via the Early Help Hub • Referrals are not accepted for young people who already have a diagnosis of ASC • Parents need to be able to commit to completion of the programme before referral is made.
	PEEP One to one in the home	<ul style="list-style-type: none"> • Delivered via Microsoft Teams • Evidence based Learning Together Programme by PEEPLE • Needs-led programme in the home for parents who would initially struggle to access group sessions • Supporting early language development through stories, songs and play • Promoting a positive home learning environment • Encouraging positive interactions • Narrowing the attainment gap and improving school readiness

		<ul style="list-style-type: none"> • Families with children aged 0 – 36 months • Referrals from professionals via the Early Outcomes Fund Referral Form
	PEEP Targeted groups	<ul style="list-style-type: none"> • Delivered via Microsoft Teams • Evidence based Learning Together Programme by PEEPLE • Targeted small group sessions for families with children aged 0 – 36 months (Baby PEEP and Toddler PEEP) • Supporting early language development through stories, songs and play • Promoting a positive home learning environment and improving school readiness • Encouraging positive interactions • Reducing social isolation • Referrals from professionals via the Early Outcomes Fund Referral Form
	Triple P Online 0 – 12	<ul style="list-style-type: none"> • Triple P Positive Parenting Programme • 8 online modules which focus on positive parenting, encouraging appropriate behaviour, teaching new skills, managing behaviour and planning ahead to prevent problems • Flexibility of delivery – parents can access in their own time • Regular contact from a Parenting Practitioner to support and encourage completion – parent needs to be committed to accessing modules on a regular basis for this level of support • For families with children aged 0 – 12 years • Referrals from professionals via the Early Help Hub
	Triple P Online Teen	<ul style="list-style-type: none"> • Triple P Positive Parenting Programme • 6 online modules which focus on positive parenting for teenagers, encouraging appropriate behaviour, teaching new skills, managing problem behaviour and raising confident teenagers • Flexibility of delivery – parents can access in their own time

		<ul style="list-style-type: none"> • Regular contact from a Parenting Practitioner to support and encourage completion - parent needs to be committed to accessing modules on a regular basis for this level of support • For families with children aged 12 – 16 years • Referrals from professionals via the Early Help Hub
	RESPECT	<ul style="list-style-type: none"> • Support for families where young people aged 10 – 17 years are aggressive to others' close to them (brothers, sisters, parents or carers) • One to one needs-led support • Referrals from professionals via the Early Help Hub • Delivered via Microsoft Teams or Phone calls
Other Services	Father's Worker	<ul style="list-style-type: none"> • Advocacy for fathers • Access/ signposting to practical, personal and emotional advice and guidance for fathers • Needs-led parenting support • Coping strategies and focus on supporting resilience building for fathers • Positive role modelling • Networking support groups specifically for fathers • Delivered via Microsoft Teams or Phone calls • Referrals from professionals via Early Help Hub
	Therapeutic Social Workers	<ul style="list-style-type: none"> • Individual Therapeutic Support for children where alcohol has been identified as a factor in the family (current or historic) • Children aged 3 – 18 years old • Children will have access to a therapeutic toolkit in their sessions which will provide the opportunity to 'play out' and explore feelings and experiences in a way that is meaningful to them • Sessions are held on a weekly basis at The Meadow in Penhill • Children must be supported in their recovery by a significant adult • Professional referral or self-referral via the Early Help Hub

Groups	Bump, Baby and Me	<ul style="list-style-type: none"> • Not currently being delivered due to COVID 19
	Honeybees	<ul style="list-style-type: none"> • Not currently being delivered due to COVID 19
	Play Together	<ul style="list-style-type: none"> • Not currently being delivered due to COVID 19
	Baby Caterpillars	<ul style="list-style-type: none"> • Not currently being delivered due to COVID 19
Traded / Charged Services	Parent Support Advisor	<ul style="list-style-type: none"> • 1-1 work with the family and 1-1 work in school; leading on TAC/F, including visits to home • Children up to 11 yrs, flexible packages / one-off pieces of work available. • Referrals are controlled by the school buying in the service
	Parenting Support Packages/ Programmes	<ul style="list-style-type: none"> • Bespoke parenting support packages/ programmes can be costed as required

How to contact us	
Email:	swindonparentinghub@swindon.gov.uk
Mobile:	07814 240 997
Telephone:	01793 722984

How to refer
<p>Professionals: To help us assess which intervention is most suitable please complete an RF1 with as much information as possible. Tick the early help intervention box on the front page and email to Swindonmash@swindon.gov.uk.</p>
<p>PEEP: Please use the Early Outcomes Fund Referral Form. Contact the Parenting Hub for more information.</p>
<p>Social Workers are able to email the Early Help Hub to request support from the Parenting Hub.</p>